

Gender Dysphoria

Transgendered patients may access any service at Sandyford for issues unrelated to their decision to transition from one gender to another. They should be treated the same as any other client and their chosen gender role and name should be respected. Further specific guidance is available in the Transgender Policy.

NHS Greater Glasgow and Clyde have recently disseminated a Transgender Policy which describes how services should engage with transgendered clients.

This policy is available on staff net by accessing the following link:

http://www.staffnet.ggc.scot.nhs.uk/Human%20Resources/Learning%20and%20Education/Documents/ED%20Microsite/NHSGreaterGlasgowpolicydraft_0001.pdf

Clients may present seeking help with gender dysphoria i.e. distress regarding their gender. They may present in a state of distress or seeking advice about how to transition (change from one gender to another). These patients should be referred to the Gender Identity Clinic using the 'special forms' option on NaSH and completing an internal referral.. The clinic has produced a gender information booklet providing information about the services provided within Sandyford and supports within Scotland. This is widely available on all the clinical floors and on the Sandyford website using the following link:

<http://www.sandyford.org/media/1520/gender-identity-service.pdf>.

It can be helpful to provide clients with a copy of this booklet.

- <http://www.sandyford.org/sandyford-sexual-health-services/what-are-our-services/gender-identity-service/>
- <http://www.sandyford.org/sexual-health-information/about-me/gender-identity/>

Very rarely patients may present with complications following recent Gender Confirmation/Reassignment Surgery. A medical opinion should be sought in these cases. If an emergency this should be dealt with in the usual way and if available a member of the Gender Clinic Team would be able to advise by contacting Allison Kelly on 0141 211 8137. If not an emergency a referral to the Gender Clinic should be actioned.

The clinical staff of the Gender Clinic are available to discuss any clinical or other issue regarding this client group by contacting Allison Kelly at 0141 211 8137.