

## Genitourinary Medicine

### You're in control

Genitourinary medicine and sexual health provides a wide range of different services and this leaflet will explain what options are available for you.

We know that sexual health problems can be embarrassing. We know that they can be sensitive and scary to talk about. It's our philosophy to put you in control as much as possible, take things at your speed, respond to your issues, and allow you to discuss things important for you.

Many infections (like HIV) can show no sign of being in someone's body. People may look and feel the same. Some people might be at risk from this and other sexually transmitted infections (STIs) but prefer not to know. But without knowing, you can carry an infection which can be passed on to others and cause more health problems the longer you carry it.

---

### What's on offer?

- A confidential service.
- Advice and information about sexual health.
- Fast and accurate diagnosis and treatment of all infections relating to sexual health - specialist help.
- Counselling and support in a relaxed setting.
- HIV testing
- Hepatitis A & B testing and free vaccinations.
- Services for gay men and lesbians.
- Referral to other helping agencies.
- Free condoms and lubrication - just call by.

---

### OPENING TIMES

Monday & Thursday                      8.30 am to 7.00 PM  
Tuesday, Wednesday & Friday 8.30 am to 4.30 PM

### Walk In Service

(No Appointment Needed)

Monday to Friday                      8.30 am to 10 am

Advisable to arrive early and set aside two to three hours as the walk in clinic works on a first come first served basis.

---

### PRACTICAL POINTS

- You **Do Not** need to be referred by your GP to come to the clinic, you can self refer.

- If you are male and you require a full sexual screen please do not pass urine for two and a half hours prior to coming to the clinic.
- If attending the walk in clinic be prepared to wait, and arrive before 10 am.
- It may be possible to diagnose and provide treatment at your first visit (some results take a few days long)
- HIV test appointments are usually available every day and should be booked by telephoning 0141 211 8601.
- HIV testing - 48 hour results (2 working days)
- Antibiotics sometimes reduce the accuracy of our tests. If your family doctor prescribes these for you please contact the department for advice prior to your visit.
- Confidentiality is very strictly applied. Only you will decide who finds out (*for example: we would not write to your family doctor without permission*).

For an appointment or further information contact the **Department of Genitourinary Medicine & Sexual Health** at the Sandyford Initiative ([www.sandyford.org](http://www.sandyford.org)).

**Telephone No: 0141 211 8601**

From an original leaflet Designed & Produced by Medical Illustration Services Glasgow Royal Infirmary 94116