

How is an IUD fitted?

The IUD fits inside the womb. The doctor will need to examine you initially to feel the position and size of your womb. They need to make sure that there is no chance of you being pregnant and will also check for infection.

There are different types of devices to suit different women and the doctor or nurse will discuss which is most appropriate for you.

- occasionally it can be uncomfortable to have a coil fitted and you may require a pain killer or a local anaesthetic to make it easier.
- occasionally women feel very light headed or very uncomfortable after the coil is put in.

Please take this into account when making your arrangements with regards to your work, childcare or travel arrangement.

General advice after insertion

For at least an hour after insertion of an IUD we advise that:

- you do not drive
- you are not in sole charge of small children