

# Sexual Health Strategic Plan

## 2017-2020

### for Health & Social Care Partnerships in the Greater Glasgow and Clyde area (Summary)

**SANDYFORD**  
caring about sexual, reproductive and emotional health

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## Contents

1.	Introduction	3
2.	Sexual Health Service Review	4
3.	Key Strategic Outcomes	5
4.	Cross Cutting Programmes	11

# 1. Introduction

This is the Summary of the Strategic Plan for Sexual Health across the Greater Glasgow and Clyde area.

Our vision is that the population enjoys good and positive sexual health and wellbeing. Where people need support, care or treatment they can easily access specialist sexual health services. Our focus will be on prevention of poor sexual health, early intervention and supported self-management.

We will prioritise resources and look at people, population groups and areas which are in greatest need of good sexual health. Our three main aims are:

- ◆ to work with our partners to promote and support better sexual health.
- ◆ improving the quality of sexual health care by making the most efficient use of resources, and increasing access to services.
- ◆ ensuring that specialist sexual health services are provided and accessible to people who are more likely to experience poor sexual health.

## Sexual health services

Sandyford provides universal sexual health services for the whole population of Greater Glasgow and Clyde. We also provide specialist services for complex procedures and for specific population groups. Our strategic plan focuses on the services we will be providing and developing over the next three years.

## **2. Sexual Health Service Review**

A review of Sexual Health Services will take place in 2017. A new service model will begin in 2018.

We will improve access to services by making improvements to our call-handling for appointments, developing some walk-in services, using new technology, and looking at opening hours and locations.

We will improve our management arrangements, team structures and skill mix to ensure more efficient service delivery.

We will use the feedback from young people to review this service, its opening hours and its locations.

We will improve partnership working with addiction services, homelessness, criminal justice, maternity, and family services, as well as the third sector (voluntary and community groups).

We will work with GPs and pharmacies to look at the links, relationships and pathways between our services.

We will look at the delivery of HIV outpatient care at the Brownlee Centre.

We will work with partners to maintain the high standard of forensic care and increased opening hours in the Archway sexual assault and referral centre. To do this, we will move the Archway to a new location which will offer improved premises and access.

We will increase access to the Termination of Pregnancy and Referral assessment service for all women.

### 3. Key Strategic Outcomes

Partners across Greater Glasgow and Clyde have focused on meeting the five high-level outcomes in the Sexual Health and Blood Borne Virus Framework (2015-2020). A great deal has been achieved since the original Framework was launched and we will continue to build on this. Sandyford has now added two extra outcomes for Young People and for issues of Gender Identity.

#### Outcome 1

Fewer newly acquired blood borne virus and sexually transmitted infections, fewer unintended pregnancies.

##### What we will do

- ◆ Contribute to the UNAIDS 90-90-90 targets to prevent the spread of HIV.
- ◆ Improve access and frequency of testing for sexually transmitted infections and HIV.
- ◆ Improve access to the Free Condoms service.
- ◆ Respond to the Scottish Government guidance on Pre-Exposure Prophylaxis (PrEP) for HIV care.
- ◆ Increase access to a wider range of contraception for women and men in the community.
- ◆ Increase the uptake of long-acting reversible contraception within Sandyford services.
- ◆ Increase access to the Termination of Pregnancy assessment for all women.
- ◆ Improve women's experience of abortion assessment and care.

## Outcome 2

A reduction in the health inequality gap in sexual health and blood borne viruses.

### What we will do

- ◆ Look at the services provided by the Steve Retson Project for men who have sex with men to make sure the most vulnerable men are offered the right services at the right times.
- ◆ Set up a mix of walk-in and bookable appointment clinics in some of our most deprived areas.
- ◆ Set up an outreach model of service where appropriate.
- ◆ Look into ways of supporting people to be more self-managing.
- ◆ Improve our knowledge of the health needs of specific populations.
- ◆ Deliver a team-based model of working based on locality areas.

## Outcome 3

People affected by blood borne viruses lead longer, healthier lives with a good quality of life.

### What we will do

- ◆ Make sure that those diagnosed with HIV will be linked into HIV care within 14 days of a positive result.
- ◆ Use social marketing to promote HIV testing.
- ◆ Look at ways to modernise the provision of HIV services at the Brownlee.

## Outcome 4

Sexual relationships are free from coercion and harm.

### What we will do

- ◆ Work with partners, especially within schools to raise awareness and provide education on the issues which may influence this. This includes violence against women and girls, homophobia, consent, sexual violence, pornography and sexual exploitation.
- ◆ Support improvements in Relationships, Sexual Health and Parenthood Education (RSHPE) in schools.
- ◆ Improve our information and communication to help people make better choices.
- ◆ Use new ways to engage with people involved in selling or exchanging sex.
- ◆ Further develop relationships with those working with very vulnerable people and groups of clients.
- ◆ Move the Archway sexual assault referral centre to a larger, more accessible, community-based location by 2019.
- ◆ Cut waiting times for the Sandyford Counselling and Support Service.

## **Outcome 5**

A society where attitudes of individuals, the public, professionals and the media in Scotland towards sexual health and blood borne viruses are non-stigmatising and supporting.

### **What we will do**

- ◆ Increase our work with partners around promoting services and improving access.
- ◆ Look at our Sexual Health Information and Communication Strategy to make sure it supports all that we say we will do in the full version of this document.
- ◆ Carry out programmes of social marketing.
- ◆ Support parents and carers to help them talk about growing up, sexuality, relationships and sexual health with their children.

## Outcome 6

Young people have positive sexual health and respectful relationships free from coercion, discrimination and harm in a culture which values their sexuality.

### What we will do

- ◆ Extend young people's clinic times and bear in mind local school hours.
- ◆ Contribute to the outcome of the review of the Youth Health Services in Glasgow.
- ◆ Increase access to local services for migrant European communities in Govanhill through a specific programme of work developed to link with statutory and third sector organisations.
- ◆ Explore outreach provision to marginalised young people with third sector and other partners.
- ◆ Assess training needs for staff working with young people.
- ◆ Contribute to the Corporate Parent role by supporting residential care staff, foster carers and others in sexual health programmes with young people.
- ◆ Work with young people to plan and develop any significant service change.

## **Outcome 7**

Transgender people are treated with respect and dignity, enjoy positive sexual health and wellbeing, and have access to a modern, fit-for-purpose Gender Identity Clinic which meets their needs in a safe and sensitive manner.

### **What we will do**

- ◆ Revise Relationships, Sexual Health and Parenthood Education teaching material for schools to include transgender specific issues.
- ◆ Cut waiting times for the young people and adult services.
- ◆ Improve the experience of transgender people throughout all sexual health services.
- ◆ Improve the client experience at the Sandyford Gender Identity Service and cut waiting times.
- ◆ Show that we value and support LGBT (Lesbian, Gay, Bisexual and Transgender) people by achieving the LGBT Charter of Rights for Sandyford.

## 4. Cross Cutting Programmes

Our strategic plan will be supported throughout by programmes in research and innovation, training, engagement and performance. Some parts of the programmes are described below.

- ◆ **Research and Innovation:** By 2020 we will aspire to have become a leading NHS Scotland sexual health research unit, with strengthened links to key national and UK research units.
- ◆ **Training:** We will develop a training strategy for delivering training by Sandyford staff to staff in other organisations and for Sandyford staff training.
- ◆ **Engagement:** We will set up online forums and e-panels for service users to promote two-way communication that is clear and open.
- ◆ We will engage with our staff and involve them in service changes and improvements.
- ◆ **Performance:** We will develop performance monitoring systems to enable regular and meaningful measurement and reporting of our performance.

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