

URINALYSIS PROTOCOL

Urine should only be dipstick tested for investigation of specific symptoms e.g. suspected urinary tract infection (UTI) or diabetes, or in those commencing PrEP or PEP

Please ensure that all dip sticks are within expiry date



Dipstick result

Haematuria: Exclude menstruating women, UTI. Recent strenuous exercise, iatrogenic (swab trauma), then refer to GP.

Nitrites present Suggestive of UTI (see UTI protocol).

Leucocytes present
Microscopic haematuria

Proteinuria ++ or more Refer to GP for investigation of possible cause e.g. renal disease
Glycosuria

In patients using PrEP or PEP the presence of significant proteinuria (+, ++, +++), please request a urinary protein creatinine ratio in a white top bottle to biochemistry.

Results should be entered into near patient tests special form in NaSH