

Your have been referred to Sandyford gynaecology service for a HyCoSy scan.

Please read this leaflet carefully.

It contains important advice to follow in the month before your appointment.

Please contact Sandyford if you need to change your appointment or if you have any questions.

Contacts

Medical secretary: 0141 211 8608

Sandyford Appointments
& Enquiries: 0141 211 8130

NHS 24: 111



The HyCoSy Test

What is a HyCoSy test?

Hystero-contrast-salpingography (HyCoSy) is a fertility test used to check if the fallopian tubes are open (patent). Blockage of the fallopian tubes can cause infertility by stopping the sperm meeting the egg.

When can I have a HyCoSy test?

HyCoSy cannot be performed if you are bleeding or if there is any risk of pregnancy. The scan will be rescheduled if necessary.

There is a risk of causing an ectopic pregnancy if HyCoSy is performed in the first few days of pregnancy (before a pregnancy test shows up positive).

It is important to use condoms or avoid sex from the first day of your period until your appointment. If your periods are irregular or absent, you should use contraception for 3 weeks before your appointment.

After the scan you can continue trying for a baby as soon as you feel ready.

How is HyCoSy performed?

HyCosy involves a vaginal ultrasound scan to look at your Fallopian tubes and ovaries. Your bladder does not need to be full for this type of scan so you can go to the toilet at any time before the scan.

The doctor will first do a scan to measure the womb and the ovaries. The Fallopian

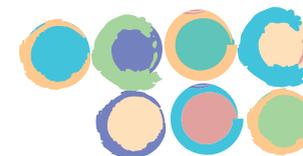
tubes are not visible on an ordinary ultrasound scan. For the second part of the scan a liquid is used to show up the tubes. The liquid is often called a 'dye' but it is actually a clear solution that is shaken to produce tiny bubbles. The bubbles allow the doctor to see the contrast medium flowing along each tube and then spilling out into the pelvis near the ovaries. The body absorbs and gets rid of any contrast medium that is left in the pelvis.

How is the 'dye' given?

A thin plastic tube (catheter) is used to administer the 'dye' into the womb. First, a speculum is inserted into the vagina, similar to having a cervical smear test. The doctor will insert the a thin tube (catheter) through the cervix (neck of the womb). Then a small balloon at the tip of the tube is filled with water to hold the catheter in place. You may feel some cramps when the balloon is inflated. Once the catheter is in place the speculum is removed. The doctor will then repeat the scan while slowly injecting 'dye' through the tube. You will be able to watch the screen and the doctor will explain what the scan shows. Your partner or a friend/relative can also watch the scan if you wish.

What are the risks of a HyCoSy?

- some period pain like cramps during and after the procedure
- a small amount of bleeding
- a small risk of infection
- a very small risk of an allergic reaction



Will I need an anaesthetic or painkiller?

You will be awake throughout the test and you will not need sedation, so you can eat and drink beforehand. Local anaesthetic gel or injection is sometimes needed if the cervix is narrow.

Please take a painkiller such as ibuprofen and/or paracetamol one hour before your appointment. Most women experience mild to moderate discomfort during the procedure. The discomfort usually settles within a few minutes or hours. You are advised to go home and rest after the scan but you should be able to return to work the next day.

How long does the appointment last?

Your appointment will take approximately 40 minutes in total. The HyCoSy test usually takes 10 to 20 minutes.

How will my doctor get the result?

The scan report will normally be mailed to the doctor who referred you for HyCoSy and to your GP if you wish. Please let the doctor know if your next fertility clinic appointment is very soon after your scan, or if you require a personal copy of the report.



Appointment Details

Place of Procedure:

Date of Procedure:

Time of Procedure:

If you would like this document in large print, Braille or audio format, please contact GG-UHB.sandyfordweb@nhs.net

If you would like this document in another language, please contact:

如果您需要该信息的其它语言版本，请联系：

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Eğer bu bilgiyi bir başka dilde istiyorsanız lütfen bağlantı kurunuz:
Jeśli chcesz uzyskać te informacje w innym języku skontaktuj się z:



0141 211 8130

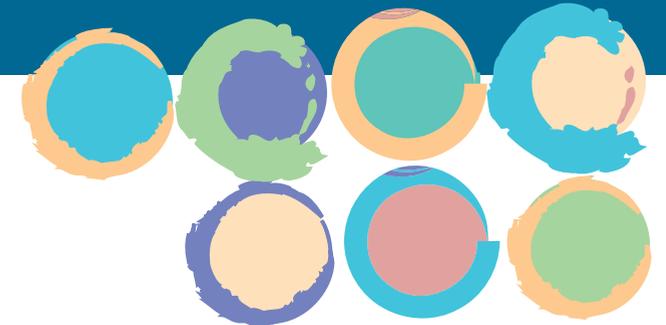
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HyCoSy Test of Fallopian Tube Patency

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