

Grab Kits - In Clinic No Talk Testing for STIs

This testing is for people aged over 16 years old from GGC or Argyll and Bute Health boards, who need to test but do not need to see a clinician on the day, are able to do self-testing if needed and able to come into clinic. If the person only wants to test for chlamydia and gonorrhoea and are able to receive a kit in the post they can request a postal kit to be sent to their house (separate protocol).

It may also be used for patients requiring a test of cure of e.g. gonorrhoea and may also now be used for Mycoplasma Genitalium testing in certain circumstances

Kits

NAAT grab kits to be regularly made up by HCSW and kept behind reception.

- **Kit A heterosexual male**- universal container for urine sample in sample bag inside an A5 envelope
- **Kit B female**- orange swab with vial for vulvovaginal swab in sample bag inside an A5 envelope
- **Kit C MSM**- universal container for urine sample and two orange swabs with 2 vials for rectal and pharyngeal samples in sample bag inside an A5 envelope. The vials will be labelled rectal and throat by the HCSW
- **Kit D - females involved in transactional sex** – three orange swabs for vaginal, rectal and throat samples in sample bag inside an A5 envelope. The vial will be labelled for vaginal, rectal and throat by the HCSW

Process

- When a patient contacts the service requesting testing they will be asked if they have symptoms or are contacts of infection. If they say yes they are added to triage if symptomatic or the contacts list if a contact.
- If they just want STI testing and **are from GGC** they will be initially advised to look at the website to see what testing is available e.g. grab kits, postal kits.
- If they are from Argyll and Bute they can use our services but are not able to book online grab kits so would need to go through to triage
- If they are from out with GGC and Argyll and Bute they should be advised to attend their local services.

If the patient is unable to use the internet, or they have already tried and can't get an appointment etc they would be put through to triage.

Service booked grab kit appointments

If the patient has been advised to attend for a grab kit due to symptoms the clinician will document history on NaSH. If the patient is requesting an asymptomatic screen the clinician will ask:

- Are you under 16 years of age?
- Do you have genital symptoms you need to discuss?
- Have you been in contact with Chlamydia, Gonorrhoea, Mycoplasma Genitalium, Syphilis or HIV since your last tests?
- Do you currently work in the adult film industry?
- Are you currently involved in prostitution or sex work?
- Have you been sexually assaulted in the last 7 days?
- Do you need PEP (Post Exposure Prophylaxis) for HIV today?
- Do you need Emergency Contraception today?

If they say yes to any of this manage/ signpost as appropriate based on their needs, if they say no to all, no further history needs to be taken.

The patient should be told what testing entails, how they will receive results and reminded they will not be seeing a clinician when they attend. If required a HCSW will perform venepuncture but no further clinical input from them will be available.

Contact details should be confirmed.

The clinician will book the patient onto a "SC Grab" clinic and advise the patient of date and time of appointment and which kit to request i.e. A, B C or D and if they require bloods.

Clinician to write **clearly in words** in the clinical notes what tests the HCSW is to request. **Please avoid short hand terms for tests to avoid confusion**

Clinician will document which kit (A, B, C or D) is required and write BLOODS (if needed) on appointment notes section, nil else to be added here.

Unless delay is needed due to window periods/ TOC etc appointments should be made for next available.

When clinical appointments are NOT booked online:

A HCSW will review the clinic list at the start of the session to identify who will require bloods. When the patient comes to clinic they will ask for the named kit from reception. If the patient is unsure which kit to request it will be documented on appointment notes.

Reception will “arrive” patient on NaSH, print off front sheet with patient details on and insert into envelope containing the kit so the samples can be identified after they are returned. They will then give the kit to the patient and advise them where to return the kit to. Reception will also give a green results card to the patient and add their NaSH number to it.

If patient requires bloods, reception will ask them to take a seat as HCSW will take the bloods before they go to toilets to do self-testing. If bloods required when the patient has been “arrived” the HCSW will call them in. HCSW only needs to confirm the patient’s details prior to testing no further clinical input is required. The patient will then go to the toilets and complete NAAT testing (if no bloods needed).

“How to complete testing” information is laminated and on back of toilet doors. The patient will return completed NAAT kit inside the sample bag inside the envelope containing the front sheet to box at reception.

HCSW will monitor the box during the session and collect kits and label and order samples. HCSW will be allocated a clinic room for venepuncture, managing samples and requesting tests. Subsequent results to be managed as accepted procedure.

If patient DNA’s the appointment no routine action is needed. If clinician who booked patient feels they should be recalled if DNA this should be added to SHA recalls for action and reason why outlined.

For Mycoplasma Genitalium testing the HCSW will complete the form which can be found in staff base. Information on how to complete the form can be found in the black folder in staff base. If both CT/GC and M Gen testing is needed only one sample from a site e.g. urine is needed.

When clinical appointments ARE booked online:

Reception staff will supply the patient with a self-triage sheet to complete and 'arrive' the patient. A HCSW will then confirm the patient's details and review self-triage sheet, if the patient has any further clinical issues they should be advised to contact 0141 211 8130 to discuss this.

If patient is transgender the HCSW will provide the patient with the test selection sheet and provide as appropriate.

If the patient is not transgender provide Kit A heterosexual males, Kit B to females, and Kit C to MSM and Kit D for females involved in transactional sex.

HCSW to manage tests and requests as above and provide a results card.

If the patient DNA's no further action is needed.

Examples of when grab kits may be helpful

- Woman with a change of discharge and new sexual partner with no symptoms that may warrant examination such as abdominal pain.
- GC test of cure.
- Test of cure in pregnancy.
- Asymptomatic MSM who has had new risk since last screen.
- HIV/Syphilis testing outside window period for significant exposures.
- Anyone involved in transactional sex who has no symptoms of an STI and that has no additional sexual health needs such as contraception, vaccines etc. Please encourage clients who have not attended SC G3 in last 6mths to book apt. there rather than Grab however if they do not wish to do this can still use the service.